

Book your Health Check

Call the practice or speak with your GP or Nurse at your next visit, to discuss which health check is right for you.

Duration: 30-60mins, depending on the right assessment for you (Nurse + GP inclusive)

Cost: FREE

(fully Medicare funded)

Investigations such as blood tests, ECG, Blood sugar tests, urine tests etc may need to be performed on the day.

Already have a chronic health condition?

Ask us about being on a chronic disease management plan* that may allow for up to 5 subsidised allied health visits per year to help manage your health.

- Physiotherapy
- Chiropractic
- Osteopathy
- Dietitian
- Podiatry
- Exercise physiology
- Diabetes Educator

*Medicare funded

Hamilton Medical Centre

Level 1, 400 Glebe Rd,
Hamilton South, NSW, 2303

Phone: 4961 1713
Book online:
www.hamiltonmedical.com.au

Hamilton Medical Centre

Where YOUR health matters

Preventative Health Care



How can we help?

Almost half of all Australians have health conditions that could be prevented. Find out how we can help you live well into the future...

A health checkup can tell you the inside story



Early detection + early intervention = Better Quality of Life

Preventative health care aims to keep people living healthy and well for longer, with limited medical intervention and hospitalization. There are numerous ways this can be done and at Hamilton Medical we can help you every step of the way!

We can help to check your level of risk and give appropriate health care advice related to:

- Diabetes
- Heart / blood vessel disease
- Osteoporosis
- Mental health
- Cancers— Skin, Breast, Bowel, Cervical / Ovarian, Prostate / Testicular and more.



75+ years

We have a specially designed wellness assessment that caters to people aged 75yrs and over to ensure you are not only staying as healthy as possible but are living safely at home. We can help you to navigate services if required and engage you with government assistance when you need help. We also discuss:

- Falls prevention
- Medication safety
- Living alone safely
- End of life care, legal and medical considerations
- Nutrition and hydration
- Monitoring of memory loss or cognitive decline.



We acknowledge and value our Indigenous community and welcome the chance to look after your health. Health checks are available for Aboriginal and Torres Strait Islander people from birth and all throughout life.

Together we can keep your mob strong...

